



## **The Man behind the Vision – Scott Rosen**

First, let me say that there are multiple ways to transforming one's life, not just one path. What has worked for me, may not necessarily work for you, which is why we are offering a 'many paths to transformation' approach here at our center.

However, I do think it is useful to learn about different paths. For example, there may be certain aspects of a path that you want to incorporate into your personal development plan. This is the *take what you need and leave the rest* approach; I have found it to be very valuable.

So, let me tell you about my path to transformation. First, I will begin by telling you what I have in my life now for which I am eternally grateful. In later articles, I will expound on my story.

One of the reasons I started Transformations was so that I could be authentic i.e. be who I am without having to hide different parts of myself. What I have in my life now is amazing, spectacular and extraordinary. I am not saying that my life is perfect, but then I don't believe in perfection only progress. Most of the time, I have peace, love, balance, abundance, freedom and health. I feel connected to a spiritual source which I call my higher powers. I can tap into that source whenever I need strength. My faith life is very strong and I practice it regularly.

My self-care, which is of primary importance to me, includes regular meditation, yoga, swimming and eating healthy.

I have an amazing family which includes my wife of almost 14 years. Risa and I are true partners. We work hard on our relationship and it shows. We also have a lot of fun together including our regular Saturday night dates. I feel better about my marriage than I ever have and know that it will continue to grow stronger

I have two children; my incredible 9 year old twins, Lee and Cassidy. They are the lights in my life. I am a very involved parent. Risa and I share responsibilities for getting them on and off the bus, helping them with homework, getting them to their respective activities and of course playing with them.

I have a very strong network of friends. People who I stay in touch with regularly and who I share many details about my life, both the good things and the challenges. I am there for them and they are there for me. They are my extended family.

I own and manage a \$9 million staffing firm in Cherry Hill, NJ. This is a very successful and profitable business which provides financial security for me and my family as well as about 100 employees and their families.

I am fortunate to be in a position to create a new business which is Transformations. This business is about my passion, which is holistic learning, and it gives me the opportunity to bring more authenticity to my work and share that with others.

There are lots of other things that I have immense gratitude for and I truly believe my life has been transformed. I would love to hear from you. If you have a transformation story of your own or would like to discuss how to begin to Transform your life, please feel free to contact me at [scott@readytotransform.com](mailto:scott@readytotransform.com) or call (856) 470-1399.